

About the Retreat Facilitators

Richard and Leona Bergstrom

We are Boomers. We love rock and roll, our grandchildren, adventurous travel, and the joys of modern technology. Like so many other Boomers, we desire to make the most of the bonus years God is giving us by utilizing our skills, life experiences, values, passions and gifts.



We have spent 40+ years in ministry, in the pastorate, as consultants, writers and speakers. We believe our generation has the potential to impact their families, communities and the world.

The Re-Ignite experience is designed to provide the opportunity to take time to reflect on life's journey, explore one's unique design, strengths, passion, and calling— then consider what's next in life.

We are available to partner with your church or organization to encourage adults in the discovery of purpose and passion in life and ministry.

Richard Bergstrom, D.Min. *Leona Bergstrom*
President, ChurchHealth/Re-Ignite Director, Re-Ignite
Richard@Re-Ignite.net Leona@Re-Ignite.net

Co-Authors: *Third Calling: What are you doing the rest of your life?*

Retreat participants describe their experience in one word:



Consider hosting A Transformational Retreat for Boomers

Offered In-Person or Remote

www.Re-Ignite.net

www.ThirdCalling.com

Re-Ignite Retreat

These are critical and challenging days for adults known as “Boomers.” The leading edge of this generation is beginning to turn the age that society has defined as the time to consider *retirement*. But, not so fast! Boomers aren’t ready to head to a rocking chair just yet. They have experience, vitality, resources, education, time - and a compelling drive to change the world for the better. Interestingly, however, many Boomers have never had the opportunity to truly discover who they are and how God has designed them. Nor have they explored what God wants them to do and be in this new stage of life. Your church and ministry can help. **You can host a “Re-Ignite” retreat and watch God transform lives and re-ignite passion!**

Here’s how:

- Invite Re-Ignite to facilitate an event for your church or community. Email info@Re-Ignite.net or call 360-676-4824 (Pacific Time.)
- Establish a dynamic leadership team to plan and host the event.
- Determine whether to hold the event in-person in a safe location - OR host a remote retreat utilizing either the Re-Ignite U curriculum or live streamed with presenters. We will work with you to facilitate a retreat that meets your needs.
- The host determines a registration process and arranges for meals, accommodations and facility usage. Re-Ignite provides the host with a Planning Guide that outlines what needs to be done.
- Invite participants to attend. The best retreat experience has a minimum of 20 and a maximum of 75.

The retreat is a blend of lecture, large and small group discussions, assessments, meals and fellowship times, and opportunities for solitude and reflection.

Below is a suggested schedule and list of session titles. Most retreats are held on Friday evening from 5:30-8:30 PM and Saturday from 8:30 AM - 4:30 PM. This can be adapted to meet your needs.



Day One

Begins early evening with dinner together.

Opening sessions:

- **The Power of Purpose** Why are you here?
- **The Big Picture in an Empty Frame** What is unique about this time of life?
- **Listening to My Life** A look at life’s experiences.

Day Two

Morning sessions:

- **Life Values** - What really matters?
- **Uniquely Designed!** - Every person is uniquely designed with distinctive strengths, motivations, personality and gifting.
- **Passion and Purpose**—What motivates you?



Afternoon sessions (or Day 3)

- **My Life, My Tribute**—A look at the whole picture.
- **Re-Ignite!** -Dream a dream. Develop a Plan. Discover your Third Calling!

For more information, contact us at www.Re-Ignite.net