

## About the Retreat Facilitators

### Richard and Leona Bergstrom

**We are Boomers.** We love rock and roll, our grandchildren, travel, and our iPads and Kindle Fires! We desire to make the most of the bonus years God is giving us, utilizing our life experiences, values, passions and priorities. God wants us all to live lives that impact our world for Him.



We have spent 40 years in ministry, in the pastorate, as consultants, writers and speakers. We have researched midlife and aging issues, focusing on the influence this Boomer generation can have for Christ in the world.

We would love to come to your church or community to help your Boomers discover God's design for their lives and teach them how they can be used to impact generations to come. We will guide them in ***discovering purpose and passion in life and ministry!***

*Richard Bergstrom, D.Min.*  
President, ChurchHealth  
richardbergstrom@chonline.org

*Leona Bergstrom*  
Director, Re-Ignite  
leonabergstrom@chonline.org

For more information: [www.chonline.org](http://www.chonline.org) or [www.re-ignite.net](http://www.re-ignite.net)



# A Transformational Retreat

A 48-hour experiential process  
guiding Boomers in the discovery  
of purpose and passion for life and ministry.

### From a church leader:

It is a privilege for us to endorse the Re-Ignite Retreat Ministry of Richard and Leona Bergstrom. Through this ministry, insightful help is given in evaluating the purpose, passion and ministry focus of one's life. Many members of our church found this retreat meaningful and helpful to their next stage of commitment to the Lord.

--Dr. Ron Larson, Pastor  
Massachusetts

### From a retreat participant:

What word best describes  
what you received from this  
retreat?

**CLARITY**

a ministry of ChurchHealth

[www.re-ignite.net](http://www.re-ignite.net)

[www.chonline.org](http://www.chonline.org)

# Re-Ignite Retreat

These are critical and challenging days for adults known as “Boomers.” The leading edge of this generation is beginning to turn the age that society has defined as the time to consider *retirement*. But, not so fast! Boomers aren’t ready to head to a rocking chair just yet. They have experience, vitality, resources, education, time - and a compelling drive to change the world for the better. Interestingly, however, many Boomers have never had the opportunity to truly discover who they are and how God has designed them. Nor have they explored what God wants them to do and be in this new stage of life. Your church and ministry can help. **You can host a “Re-Ignite” retreat and watch God transform lives and re-ignite passion!**

## Here’s how:

- Invite ChurchHealth to facilitate a Re-Ignite Retreat for your church or community by calling **206-362-2621** or emailing **info@chonline.org**
- Establish a dynamic leadership team to plan and host the event.
- Find a distraction-free setting in which to hold a 48-hour retreat. Arrange for accommodations, meals, and determine a registration cost and process. Ideal locations, offering meeting space and spaces for solitude, include camp or conference centers, hotels or resorts.
- Invite participants to attend. The best retreat experience has a minimum of 20 and a maximum of 50.

The retreat is a blend of lecture, large and small group discussions, assessments, meals and fellowship times, and opportunities for solitude and reflection.

Below is a suggested schedule and list of session titles.



## First night

Begin with dinner together.

Opening session:

- ***Lightning Strikes and Burning Bushes*** - what Scripture says about re-igniting
- ***Listening to My Life***

## Second Day

- ***Listening to My Life*** - Life review
- ***The Foundations*** - What really matters?
- ***In the Potter’s Hands*** - Each person is designed with a unique personality and special gifts.
- ***Ignite the Passion***



Evening is free for rest, relaxation and recreation.



## Third Day

- ***My Life, My Tribute***
- ***See, I’m Doing a New Thing!***
- ***Worship***

Conclude mid-afternoon.